

# Massage Client Intake Form

## PLEASE PRINT LEGIBLY

Name \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_ Birthday \_\_\_/\_\_\_/\_\_\_  
Occupation \_\_\_\_\_ Referred to This Office By \_\_\_\_\_  
In Case of Emergency Please Contact \_\_\_\_\_ Phone \_\_\_\_\_

## General and Medical Information

Y N Have you ever had a professional massage? If yes, how often? \_\_\_\_\_  
Y N Are you pregnant? If yes, how far along are you? \_\_\_\_\_  
Y N Are you sensitive to touch/pressure in any area? (ticklish?) \_\_\_\_\_  
Y N Are you allergic or sensitive to any oils (essential oils, nut oils, scents)? If yes, please list:

\_\_\_\_\_  
List of current medications and reason: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List of surgeries (type and date): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Indicate Areas of Pain/Tension:

On a scale from 1-10, 10=highest, rate your levels of:  
Stress \_\_\_\_\_ Pain \_\_\_\_\_ Energy \_\_\_\_\_  
How did your symptoms begin and when did they start?

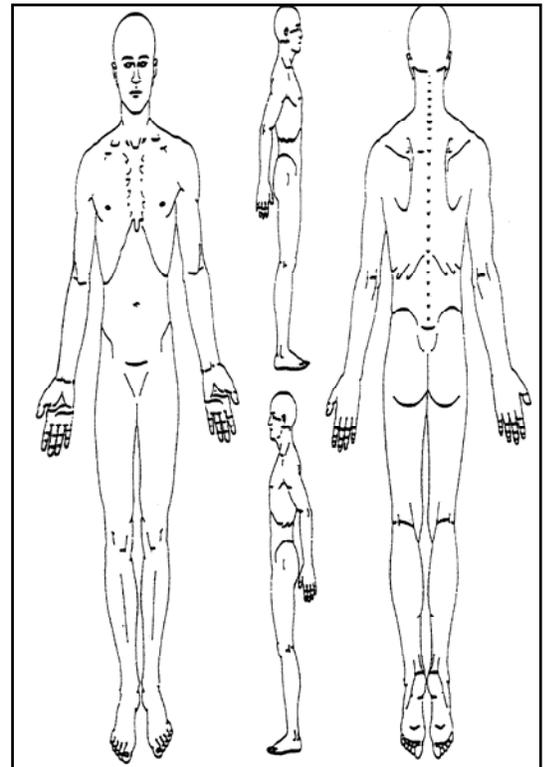
\_\_\_\_\_  
\_\_\_\_\_

What have you done for relief? \_\_\_\_\_

Is the condition getting better/worse? \_\_\_\_\_

### ***Please check all that apply:***

- Skin condition-rash, warts, hives, skin cancer, other \_\_\_\_\_
- Lymphatic condition-swollen gland, nasal congestion, lymph edema
- Joint problems/stiffness-arthritis, sacroiliac problems, TMJ, other
- Bone Condition-osteoporosis, fracture, other \_\_\_\_\_
- Headaches
- Recent injury or accident-whiplash, sprain, bruise, other \_\_\_\_\_
- Circulatory Condition-high blood pressure, varicose veins, blood clots
- Numbness/Tingling, Sciatica
- Tendonitis, Bursitis
- Diabetes



**Please mark in the diagram above any areas where you have pain or discomfort.**

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### **Massage Client Waiver Form**

Please take a moment to read and initial all of the following statements:

If I experience pain or discomfort during the session, I will immediately inform my therapist so that pressure/strokes can be adjusted to my level of comfort. I will not hold my therapist responsible for any pain or discomfort I experience during or after the session.

\_\_\_\_\_

I understand that the services offered today are not a substitute for medical care. I understand that my therapist is not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat physical or mental illness.

\_\_\_\_\_

I affirm that I have notified my therapist of all known medical conditions and injuries.

\_\_\_\_\_

I agree to inform the therapist of any changes in my health and medical condition. I understand that there shall be no liability on the therapist's part should I forget to do so.

\_\_\_\_\_

I understand that massage is entirely therapeutic and non-sexual in nature.

\_\_\_\_\_

By signing this release, I hereby waive and release my therapist from any and all liability, past, present, and future relating to massage therapy and bodywork.

\_\_\_\_\_

I understand that should I cancel an appointment less than 24 hours before the scheduled time or "no show" an appointment, I am subject to a fee equal to the cost of the missed appointment. This fee is monetary & can't be taken as an additional "punch" off a massage package card. If the appointment was booked under a gift certificate, it will be voided in lieu of the fee.

\_\_\_\_\_

### **Information and Suggestions**

- Prior to your massage, please remove contact lenses and all jewelry. Pull long hair back with a clip or band.
- In general, massage is given while you are unclothed. However, you may choose to wear undergarments or a swimsuit. You will be covered with a top sheet throughout your session. This is your massage and you should be as comfortable as possible.
- Feel free to ask your therapist any questions before, during, or after the session. Your therapist is a highly trained professional and will be happy to make you feel informed and comfortable.

I have received the policy statement, and have read and agree to the policies therein.

Client name: \_\_\_\_\_

Client signature: \_\_\_\_\_

Date: \_\_\_\_\_

Therapist signature: \_\_\_\_\_

## Massage Client Intake Form

We understand that unanticipated events happen occasionally in everyone's life. In our desire to be effective and fair to all clients, the following policies are honored:

Twenty-four hour advance notice is required when cancelling an appointment. This allows the opportunity for someone else to schedule an appointment. If you are unable to give us 24 hours advance notice you will be charged the full amount of your appointment. This is a cash fee and can not be taken as an extra "punch" off a punch card or billed to your Trade account. It also must be paid prior to your next scheduled appointment. Gift certificates will be voided in lieu of the fee.

### **No-shows**

Anyone who either forgets or consciously chooses to forgo their appointment for whatever reason will be considered a "no-show". They will be charged for their "missed" appointment.

### **Late Arrivals**

If you arrive late, your session may be shortened in order to accommodate others whose appointments follow yours. Depending upon how late you arrive, your therapist will then determine if there is enough time remaining to start a treatment. Regardless of the length of the treatment actually given, you will be responsible for the "full" session. Out of respect and consideration to your therapist and other customers, please plan accordingly and be on time.

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Client Name (Please Print) / Date

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Client Signature